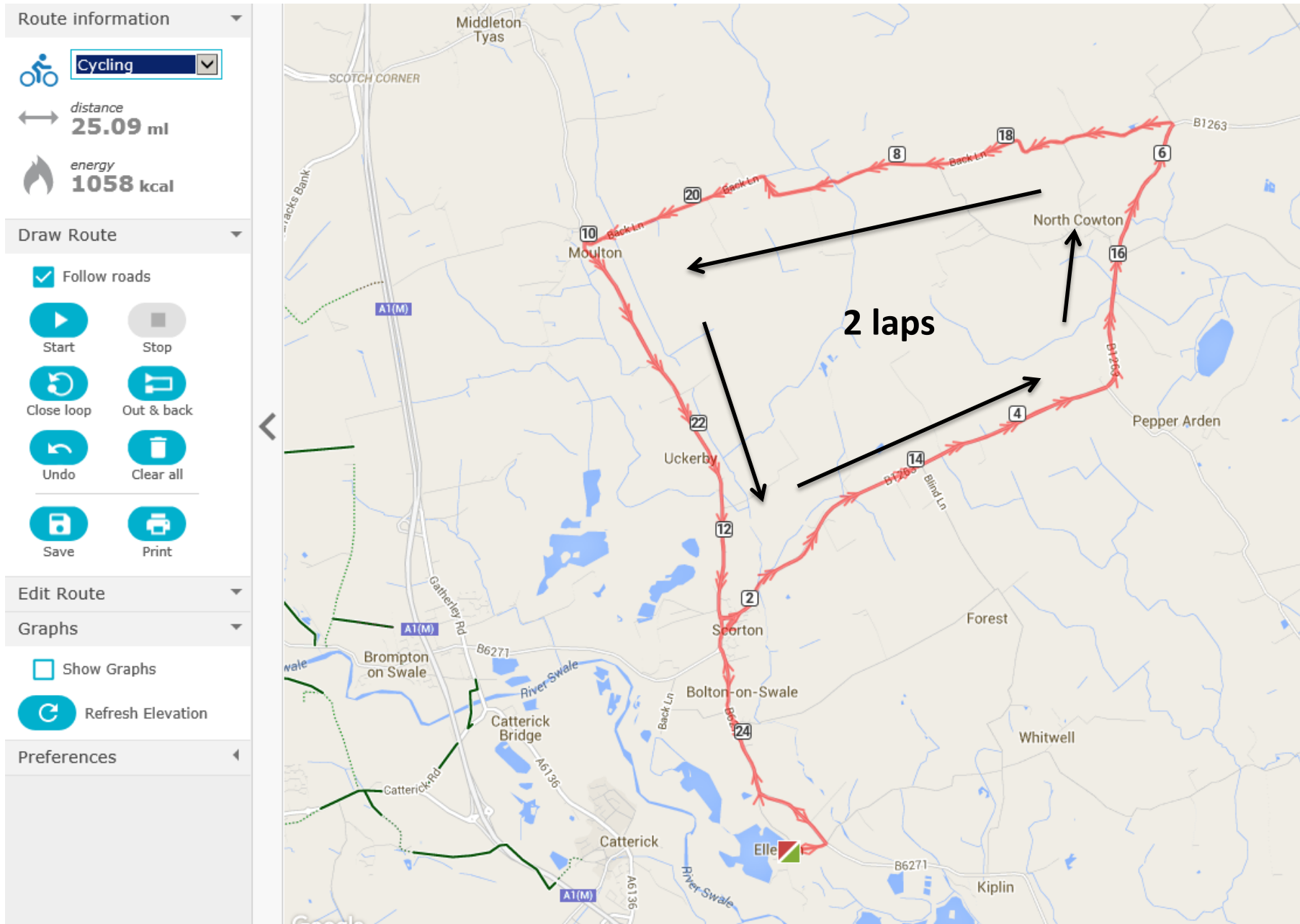



Short Course Triathlon :Revised cycle route – 2 laps around Scorton – North Cowton – Moulton , markers indicate miles



Short Course Triathlon :Revised cycle route – 2 laps around Scorton – North Cowton – Moulton , markers indicate kilometers









Route information

 Cycling

distance **40.38 km**


energy **1058 kcal**

Draw Route

- Follow roads
-  Start
-  Stop
-  Close loop
-  Out & back
-  Undo
-  Clear all
-  Save
-  Print

Edit Route

Graphs

- Show Graphs
-  Refresh Elevation

Preferences



Short Course Triathlon :Revised cycle route – Marshalling Positions

Route information

Cycling

distance **40.38 km**

energy **1058 kcal**

Draw Route

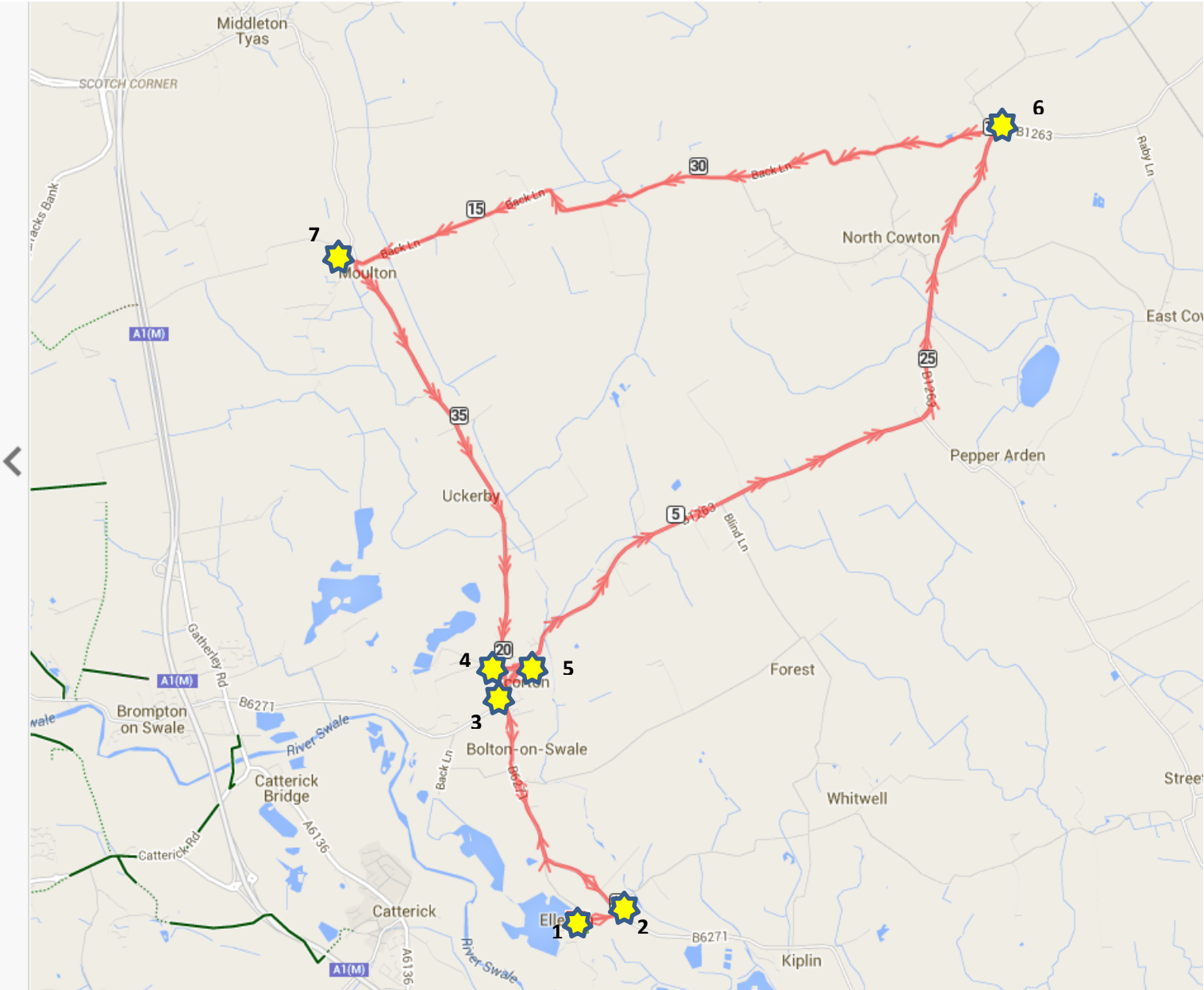
- Follow roads
- Start
- Stop
- Close loop
- Out & back
- Undo
- Clear all
- Save
- Print

Edit Route

Graphs

- Show Graphs
- Refresh Elevation

Preferences



Cycle route marshalling positions

1. Bike Mount
2. Left Turn from Ellerton onto B6271
3. Right turn from B6271 towards Scorton Village onto B1263
4. Left fork around green through Scorton village (B1263)
5. Left fork off green out of Scorton towards North Cowton / Croft / Darlington (B1263)
6. Left turn off B1263 onto Moulton Lane (which becomes Back Lane)
7. Left turn at junction in Moulton, off Back Lane towards Scorton
8. Left fork on Scorton onto B1263 to start 2nd lap
9. Left fork off green out of Scorton towards North Cowton / Croft / Darlington (B1263)
10. Left turn off B1263 onto Moulton Lane (which becomes Back Lane)
11. Left turn at junction in Moulton, off Back Lane towards Scorton
12. Left fork on Scorton onto B1263 around green
13. Right at fork, around green back towards Ellerton (staying on B1263)
14. Left off B1263 onto B6271
15. Right off B6271 back towards lake
16. Bike Dismount

1 = 16 **Graham Currie & Mark Young**

2 = 15 **Martin Donnelly & Helen Duncan**

3 = 14 **Viv Murphy & Helen Duncan**

4 = 8 = 12 **Stephen Mcniff**

5 = 9 = 13 **Graham Downs**

6 = 10 **John Carr**

7 = 11 **David Coulthard**



Helen, these are right turns at different times – can you help Viv on the first lap and then go back and help Martin when they are through for the right turn back on the second lap?